



# STRONGER TOGETHER



January 2026 *Celebrating 15 Years of Service*

Stronger Together is your connection to the veterans and supporters of our community—sharing local events, resources, and stories that highlight the organizations working to serve those who served, and the challenges veterans face right here at home.



The STVSG Board: Jason Hibbard, Tom Tait, Joe Kane, Anthony Pedro, Dave Rupright, Ben Margolius, Sue Margolius, Nick Paluszkiwicz, Al Eaton, George Light, Amy Hibbard Missing: Naomi Rupright, Frances McMahon

## The Southern Tier Veterans Support Group

### 15 Years of Supporting Veterans & Strengthening Communities

In 2026, the Southern Tier Veterans Support Group (STVSG) proudly marks **15 years of service** to veterans, service members, and their families across the Southern Tier of New York and Northern Pennsylvania.

Founded in 2011 by local veterans and community members, STVSG was created with one guiding belief: **no veteran should face life's challenges alone**. For the past 15 years, our organization has worked quietly and compassionately to provide timely assistance, advocacy, and connection during moments when support matters most.

STVSG offers direct help for veterans experiencing hardship—ranging from emergency financial assistance and essential needs to vehicle repairs and connections with trusted local resources. Each request is reviewed with dignity and confidentiality by a volunteer board, many of whom are veterans themselves. More than **90% of our funding goes directly to veterans and their families**, making a meaningful impact close to home.

Beyond assistance, STVSG is committed to building strong communities through collaboration, outreach, and education. By working alongside affiliates and community partners, we help ensure veterans are supported not just in times of crisis, but throughout their lives.

As we launch this newsletter and celebrate our 15th anniversary, we invite you to stay connected, learn more about the resources available, and be part of the continued mission to honor and support those who served.

## Need Resources?

Visit our website and explore our Resource Directory — a searchable database of local support.

Simply type in what you're looking for, such as housing, food, or clothing.

Scan the QR code or visit [www.stvsg.org/resources](http://www.stvsg.org/resources) to get started.



## Meet Our New President



Previously serving as Vice President, Anthony has now stepped into the role of President. Our Board of Directors looks forward to working with Anthony as we continue expanding our efforts to support and serve more veterans throughout our community.

Scan the QR code to subscribe to our newsletter:



# UPCOMING EVENTS

1/16

KOREAN WAR VETERANS BREAKFAST BLUE DOLPHIN, APALACHIN 0830 HRS. VETERANS OF ALL ERAS WELCOME, RSVP TO RALPH LUCIANI 607-748-2205

1/16

MILITARY APPRECIATION DUAL MEET: CORNELL VS. ARMY WEST POINT JAN. 16, 2026

1/20

STVSG AFFILIATE MEETING BROOME COUNTY VETERANS RESOURCE CENTER 11 FREDERICK ST, BINGHAMTON, 1800-1900 HRS

1/30

BINGHAMTON BLACK BEARS HOCKEY GAME V. CAROLINA THUNDERBIRDS @ VISIONS ARENA WITH CLEAR PATH POC CATY - (607) 744-6303

2/3

VETERANS MENTAL WELLNESS COMMITTEE ZOOM - POC AL EATON

2/13

GREATER BINGHAMTON VETERANS BREAKFAST CLUB - RED OAK RESTAURANT 0900 HRS. (POC: CATY STRONG - CLEAR PATH 607-744-6303

2/17

STVSG AFFILIATE MEETING BROOME COUNTY VETERANS RESOURCE CENTER 11 FREDERICK ST, BINGHAMTON, 1800-1900 HRS



**SOUTHERN TIER  
VETERANS  
SUPPORT GROUP**  
A 501(c)(3) Public Charity

Check out our Facebook page for the most up to date information on events.



## ONGOING EVENTS

EVERY (MON), GY6 (GOT YOUR SIX) VETERANS PEER SUPPORT GROUP, MONDAY EVENINGS, 1800-1930 HRS., CITY OF LIGHT CHURCH, 300 LAKE ST., ELMIRA. PLUS: FIRST MONDAY OF THE MONTH IS WING NIGHT AT THE ELBOW ROOM, 1057 WALNUT ST., ELMIRA (EXCLUDES NATIONAL HOLIDAYS)

EVERY (FRI) 0900-1000 HRS. VVA #803 VETERANS PEER SUPPORT GROUP, VIETNAM, VETERANS MUSEUM, 1200 DAVIS ST., ELMIRA (QUARTERLY BREAKFAST AT CURLEY'S CHICKEN HOUSE, 2100 LAKE ST., ELMIRA, 0800-1000 HRS.)

FIRST (SAT) MONTHLY, VOICES RECOVERY CENTER VETERANS SUPPORT GROUP, 340 PROSPECT ST., BINGHAMTON, 1400 HRS.

EVERY THIRD THURSDAY, THE BINGHAMTON VETERANS FLY FISHERS TIE FLIES AT THE BROOME WEST SENIOR CENTER, 2801 WAYNE ST., ENDICOTT. LUNCH IS OPTIONAL FOR ONLY \$4, 1300-1500 HRS.

EVERY THIRD THURSDAY, THE BINGHAMTON VETERANS FLY FISHERS MEET AT THE WEST ENDICOTT FIRE STATION, 113 N. PAGE AVE., ENDICOTT. FREE PIZZA, WATER AND COFFEE. SOMETIMES FREE FLY FISHING GEAR AND BAKED GOODS, 1830 HRS.

"HEALING HAVEN" CREATES THAT SPACE — 1ST MONDAY OF EVERY MONTH AT 7 P.M. — STRESS RELIEF FOR MILITARY SPOUSES  
3RD MONDAY OF EVERY MONTH AT 7 P.M. — SELF-CARE TOOLS FOR MILITARY FAMILIES

## Starting the Year with Care

January can be a challenging month for many people. The holidays are over, routines are shifting, and the colder, darker days can take a toll on both mental and emotional well-being. For veterans and their families, this time of year may also bring added stress, isolation, or reminders of difficult experiences.

As we begin a new year, it's important to remember that taking care of your mental health is just as important as taking care of your physical health.

### Small Steps Matter

You don't have to make big changes to make a difference. Consider starting the year with a few simple habits:

Check in with yourself and notice how you're really feeling

Stay connected with someone you trust

Maintain routines that help you feel grounded

Get outside when you can, even for a short walk

Give yourself permission to rest

### You Are Not Alone

Reaching out for support is a sign of strength—not weakness. If you're struggling, talking with a trusted friend, family member, or fellow veteran can help.

If you need immediate support, help is available 24/7: Call or text 988 to reach the Suicide & Crisis Lifeline.

As we move into the new year, let's make mental health a priority—for ourselves and for one another.



## Furniture

The Southern Tier Veterans Support Group now has a dedicated space to store furniture. If you have furniture you would like to donate, or if you are a veteran in need of furniture, please reach out to Jason at [jason.hibbard@stvsog.org](mailto:jason.hibbard@stvsog.org)