

STRONGER TOGETHER



Celebrating 15 Years of Service

February 2026

For an expanded version of this newsletter, check out our website <https://stvsg.org/stronger-together-newsletter/>



Built on Collaboration: Supporting Veterans Under One Roof

The Veterans Resource Center in Binghamton serves as a centralized hub where veterans and their families can access multiple forms of support in one welcoming location. Designed to reduce barriers and simplify access to services, the Resource Center brings together key organizations that work collaboratively to serve those who have served.

Located within the Veterans Resource Center is the Broome County Veterans Service Office (VSO). The VSO assists veterans and eligible family members with navigating VA benefits, including disability compensation, pensions, survivor benefits, and discharge upgrades. By providing knowledgeable, one-on-one guidance, the VSO helps ensure veterans understand their options and receive the benefits they have earned.

The Resource Center is also home to several veteran-focused nonprofit organizations, including Southern Tier Veterans Support Group. Having multiple organizations under one roof allows for stronger coordination of services and more seamless referrals. Veterans can connect with housing assistance, food support, mental health resources, peer support, and community programs without having to navigate multiple locations.

A unique and impactful component of the Veterans Resource Center is its tiny homes for veterans, which provide stable, dignified housing for those in need. These homes offer more than shelter—they create a foundation for stability while keeping residents connected to on-site services and supportive organizations.

Together at the Veterans Resource Center the VSO, STVSG, and partner nonprofits create a comprehensive network of care that strengthens outcomes for veterans across the Southern Tier. It is a powerful example of how collaboration and shared space can make support more accessible, effective, and veteran-centered.

SOUTHERN TIER VETERANS SUPPORT GROUP

OFFICE HOURS

MONDAY: 9AM - 12PM
 TUESDAY: 1PM - 4PM
 WEDNESDAY: 9AM - 12PM
 THURSDAY: 1PM - 4PM
 FRIDAY: 9AM - 12PM
 PLEASE NOTE: NO OFFICE HOURS ON HOLIDAYS

NEED TO REACH US WHEN WE AREN'T HERE?
 PLEASE CALL 607-205-8332 OR EMAIL US
 INFO@STVSG.ORG

VETERANS RESOURCE CENTER
 11 FREDRICK ST.
 BINGHAMTON, NY

From Sleeping in His Car to a Place to Call Home—In Just 72 Hours



On Tuesday, January 20th, Veteran James Donohue had no stable place to go and was sleeping in his car. That same day, our community stepped in.

Through immediate collaboration with our partners at the VRC, James was welcomed, provided with breakfast, and connected to critical support services. An American Legion member ensured James had a warm meal while housing paperwork was initiated with Eagle Star Housing.

As the housing process moved forward, STVSG worked to ensure James had a safe place to stay by providing a hotel room for the remainder of the week. Additional assistance—including gas cards and meal support—helped cover transportation and food during this transition period.

Within just 72 hours, James went from sleeping in his car to having a place to call home.

This rapid, compassionate response highlights the power of community partnerships and the impact of meeting Veterans where they are—with dignity, urgency, and care.

Scan the QR code to subscribe to our newsletter:



No veteran stands alone.
when a community stands together.

UPCOMING EVENTS

- 2/13 GREATER BINGHAMTON VETERANS BREAKFAST CLUB - RED OAK RESTAURANT 0900 HRS. (POC: CATY STRONG - CLEAR PATH 607-744-6303)
 - 2/17 STVSG AFFILIATE MEETING BROOME COUNTY VETERANS RESOURCE CENTER 11 FREDERICK ST, BINGHAMTON, 1800-1900 HRS
 - 2/19 COFFEE MESS - THIRD THURSDAY OF EVERY MONTH, AL POST #154 236 PRESCOTT AVE ELMIRA HEIGHTS, 9-11 AM.
 - 2/19 BROOME COUNTY CANTEEN LUNCHEON - AMERICAN LEGION POST 82 1305 RIVERVIEW DR., ENDICOTT
 - 2/20 KOREAN WAR VETERANS BREAKFAST, BLUE DOLPHIN, APALACHIN 0830HRS, VETERANS OF ALL ERAS ARE WELCOME, PLEASE RSVP TO RALPH, (607) 748-2205
 - 2/21 SNOW TUBING AT PLATTEKILL MOUNTAIN (POC SEAN SEJERSEN CHENANGO/DELAWARE CO 315-687-3300)
 - 2/26 BC VETERANS RESILIENCY PROGRAM:MUSHROOM CULTIVATION PROGRAM 5:30 TO 7PM 840 UPPER FRONT ST. PRE-REGISTRATION NEEDED
 - 2/27 CHENANGO COUNTY MOBILE CANTEEN AMERICAN LEGION POST 189 29 SHELDON ST. NORWICH, NY 4:00PM TO 6:00 PM
 - 2/28 SNOW TUBING AT GREEK PEAK (POC CARL BUSH 315-727-7285 CLEAR PATH CORTLAND/TOMPKINS CO) AND
 - 2/28 BINGHAMTON BLACK BEARS HOCKEY GAME V. DANBURY HAT TRICKS @ VISIONS ARENA WITH CLEAR PATH POC CATY - (607) 744-6303
 - 3/7 VETERANS GALA AT TIOGA DOWNS 5PM START. SEMI FORMAL DRESS ALL PROCEEDS DONATED TO VETERAN PROGRAMS IN SOUTHERN TIER. LOOKING FOR BASKET RAFFLE DONATIONS. (POC: CATY STRONG 607-744-6303)
 - 3/13 GREATER BINGHAMTON VETERANS BREAKFAST CLUB - RED OAK RESTAURANT 0900 HRS. (POC: CATY STRONG - CLEAR PATH 607-744-6303)
 - 3/21 CLEAR PATH OUTING- VETERAN MAPLE SUGAR MAKING AT SPLIT MAPLE FARM IN LISLE, NY. (POC SEAN SEJERSEN 315-687-3300)
- HAVE AN EVENT YOU WOULD LIKE POSTED? SEND THE INFO TO AMY.HIBBARD@STVSG.ORG



WWW.STVSG.ORG

Connection is Strength

Connection plays a vital role in mental health and overall well-being. When individuals feel supported, understood, and connected, they are better equipped to navigate life's challenges. At Southern Tier Veterans Support Group, we see every day how meaningful connections — between veterans, families, and our community — foster resilience and healing. Strength isn't found in isolation; it's built through shared experiences, trusted relationships, and knowing you don't have to face struggles alone.

If you need immediate support, help is available 24/7: Call or text 988 to reach the Suicide & Crisis Lifeline.



Check out our Facebook page for the most up to date information on events.



Upcoming Free Dog Training Classes for Veterans & Families



This spring 2026, FREE dog training classes will be available to veterans and their family members at The Veterans Resource Center on Frederick Street in Binghamton.

Schedule: One weekday evening per week (five-week course)

Value: \$250 — provided at no cost to veterans

Donations: Optional donations to Stand With Me are encouraged but not required

Instructor:

Classes will be led by Myrph, Head Trainer at Stand With Me, bringing 50 years of experience across a wide variety of dog-training specialties.

Who Should Attend:

This course is designed for pet-owning veterans and family members who live with or help care for the dog and would like their unruly pets to develop good manners.

Health & Vaccination Requirements:

All participating dogs must:

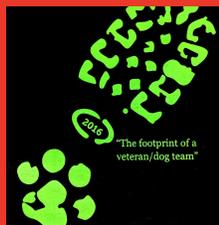
Be up to date on all vaccinations (proof required from a veterinarian or purchase receipt with a photo of the exact vaccine given)

Have a negative fecal test within the past 3 months

Have a negative heartworm test, or proof of ongoing heartworm preventative medication

Interested?

Please contact the instructor at myrph@standwithmeorg.com to be added to the announcement list as plans are finalized.



ONGOING EVENTS

"HEALING HAVEN" CREATES THAT SPACE — 1ST MONDAY OF EVERY MONTH AT 7 P.M. - STRESS RELIEF FOR MILITARY SPOUSES

3RD MONDAY OF EVERY MONTH AT 7 P.M. - SELF-CARE TOOLS FOR MILITARY FAMILIES

EVERY (MON), GY6 (GOT YOUR SIX) VETERANS PEER SUPPORT GROUP, MONDAY EVENINGS, 1800-1930 HRS., CITY OF LIGHT CHURCH, 300 LAKE ST., ELMIRA. PLUS: FIRST MONDAY OF THE MONTH IS WING NIGHT AT THE ELBOW ROOM, 1057 WALNUT ST., ELMIRA (EXCLUDES NATIONAL HOLIDAYS)

EVERY TUESDAY, COFFEE WITH CATY, 0900 VETERANS RESOURCE CENTER, 11 FREDERICK ST. BINGHAMTON

SMILE THROUGH THE STORMS, A SUICIDE SURVIVORS SUPPORTGROUP COMES TOGETHER TWICE A MONTH - BOTH IN PERSON (FOR LOCAL SURVIVORS - HERE IN ELMIRA) AND VIRTUALLY. PEOPLE ARE ABLE TO FOLLOW THE LINK ON THE WEBSITE TO JOIN IN WHEN GROUP IS SCHEDULED. WEBSITE IS [HTTP://WWW.SMILETHROUGHTHESTORMS.COM](http://WWW.SMILETHROUGHTHESTORMS.COM)

EVERY THIRD THURSDAY, THE BINGHAMTON VETERANS FLY FISHERS TIE FLIES AT THE BROOME WEST SENIOR CENTER, 2801 WAYNE ST., ENDICOTT. LUNCH IS OPTIONAL FOR ONLY \$4, 1300-1500 HRS.

EVERY THIRD THURSDAY, THE BINGHAMTON VETERANS FLY FISHERS MEET AT THE WEST ENDICOTT FIRE STATION, 113 N. PAGE AVE., ENDICOTT. FREE PIZZA, WATER AND COFFEE. SOMETIMES FREE FLY FISHING GEAR AND BAKED GOODS, 1830 HRS.

EVERY (FRI) 0900-1000 HRS. VVA #803 VETERANS PEER SUPPORT GROUP, VIETNAM, VETERANS MUSEUM, 1200 DAVIS ST., ELMIRA (QUARTERLY BREAKFAST AT CURLEY'S CHICKEN HOUSE, 2100 LAKE ST., ELMIRA, 0800-1000 HRS.)

FIRST (SAT) MONTHLY, VOICES RECOVERY CENTER VETERANS SUPPORT GROUP, 340 PROSPECT ST., BINGHAMTON, 1400 HRS.